



FOR PSA MEMBERS: **STATE INFORMATION TECHNOLOGY AGENCY (SITA)**

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06-05-2026

## Employee Wellness: Provision of comprehensive Employee Assistance Programme (EAP) – one-year period

As previously reported to members, the PSA has continuously raised members' concerns and frustrations regarding the absence of a renewed contract in Employee Wellness as part of the Employee Assistance Programme (EAP) since the end of 2025.

The PSA is pleased to inform members aware that a one-year contract, with effect from 1 May 2026, was entered into with *Life Healthcare Solutions (LHS)*. This service is inclusive of Professional Counselling Services, Lifestyle Management Services, Stress Management Services, Team Effectiveness Interventions, Comprehensive HIV & Aids and Chronic Disease Management and Support Services, and more.

### **Not a PSA member yet?**

Join today by visiting the PSA website or the nearest PSA Provincial Office.

Reuben Maleka  
GENERAL MANAGER