

FOR PSA MEMBERS

24-04-2026

## World Day for Safety and Health at Work

On 28 April 2026, workers globally commemorate World Day for Safety and Health at Work and Workers' Memorial Day. The PSA honours all workers who have been injured, fell ill, or lost their lives in the line of duty. Many suffer from preventable ergonomic injuries and psychological harm, reminding us that safety must always be a priority. Public servants must work in safe environments. The PSA calls on employers to comply with the *Occupational Health and Safety Act* and International Labour Organisation conventions by addressing:

- **Physical safety and ergonomics:** Full implementation of the Ergonomics Regulations, 2019, including risk assessments, proper equipment (adjustable chairs, suitable workstations), training, and medical monitoring. Injuries such as back pain and carpal tunnel are preventable and not “part of the job.”
- **Psychological safety (bullying):** Workplace bullying and harassment are serious OHS risks causing mental and physical harm. Employers must prevent, address, and support affected employees through policies, fair processes, and wellness programmes.

The PSA will audit workplace compliance, enforce OHS laws through disputes where necessary, and support members with injury claims and OHS training.

### Message to employers

Prioritising safety - physical and psychological - protects workers, improves service delivery, and ensures employees return home safely. Safe and healthy working environments are fundamental rights.

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