



FOR PSA MEMBERS: **GENERAL 11/2025**

23-06-2025

Wellness just got better: PSA partners with *Virgin Active*

The PSA welcomes *Virgin Active* as the Union's new wellness partner! *Virgin Active* has a long history as South Africa's leading fitness brand with 132 clubs across South Africa, Botswana, and Namibia. *Virgin Active*'s purpose is to change people's lives for the better through wellness - not just focusing on physical fitness, but also mental health and social wellbeing.

This newly established partnership aims to support PSA members on their wellness journey. *Virgin Active* understands that when life gets busy, and goals change, we still need to take care of our physical and mental health, that is why it has created spaces that are not just gyms, but a place to connect with your community over a smoothie, places to stretch and breath, to go hard in a HIIT class or go slow in a yoga class. They are also social wellness clubs, where wellness gets real.

PSA members producing their current (2025) PSA membership certificate (available on the PSA Member Portal) qualify for 10% discount on *Virgin Active* adult memberships as well as a reduced joining fee of R199 and the current monthly campaign on offer.

Virgin Active is about real guidance, real progress and real community, cutting out quick fixes and wellness myths.

To find out more, call 0860 200 911 or visit your local *Virgin Active* social wellness club and speak to a friendly consultant. This partnership allows PSA members to access world-class facilities, work with expert personal trainers, and find community at one of *Virgin Active*'s 129 clubs across the country.

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GENERAL MANAGER